

CASTLE JUNIORS FOOTBALL CLUB



Health & Safety Policy - Version 5

1.0 Health and Safety Statement

The Club is committed to ensuring the safety and well-being of our players, coaches and supporters at all times whilst training, playing matches, travelling to and from venues or attending trips, etc.

The Club is strongly committed to encouraging our members to participate in our activities; however the health, well-being and safety of each individual (member, volunteer, coach) is always our paramount concern. We provide levels of training activities dependent on age and ability, and expect our junior members to participate within these boundaries.

2.0 To support our Health and Safety statement we are committed to the following duties:

- Undertake periodic, recorded risk assessment of club training venues and all activities undertaken by the Club. This will be carried out in collaboration with other stakeholders such as venue providers;
- Create and maintain a safe environment by putting health and safety measures in place as identified by the risk assessments;
- Ensure that all Club members are provided with the appropriate level of training and competition, regularly performing dynamic assessments of individual ability dependent on age, maturity and development;
- Ensure that all members are aware of, understand and follow the Club's Health and Safety Policy;
- Ensure that any third party specialist coaches appointed by the Club are made aware of, and acknowledge receipt and understanding of the content and intent of the Club's Health and Safety Policy and act in accordance with it at all times;
- Appoint a competent and suitably qualified / trained person as Health & Safety Coordinator to assist the Club Management Committee with their health and safety responsibilities;
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all volunteers;
- Provide access to adequate First Aid facilities and a qualified First Aider during Club activities;

- Formally report and record any injuries or accidents sustained during any Club activity or whilst on Club premises, which require external medical intervention or involve a head injury (a head injury is defined as any injury from the neck up, to include mouth, nose, eyes and ears), using an Incident Report Form;
- Record any other uses of a club first aid kit on a record maintained as part of the first aid kit
- Ensure that the implementation of this policy is regularly reviewed and monitored for effectiveness;
- Develop and operate an appropriate Safeguarding Policy.

3.0 First Aid

- 3.1 Our coaches are provided with First Aid training applicable to their involvement in youth football. The Club has created a database of coaches' training and qualifications to ensure that they remain up to date and that training is refreshed when necessary.
- 3.2 In addition, the Club ensures that there are sufficient First Aid kits available for every coaching/training session, competitive match and/or tournaments that take place, at home or away venues, during the season. The primary responsibility for ensuring that a First Aid kit is present rests with the person in charge of any particular event.
- 3.3 First Aid kits can be replenished or renewed by way of request to the Club Health & Safety Coordinator. An audit will be periodically carried out by the Club to ensure that sufficient First Aid Kits are available and that they are restocked as necessary.
- 3.4 The club advises all volunteers and members that they should not administer First Aid unless they have received appropriate First Aid training.

4.0 All of our Club members have a duty to:

- 4.1 Take reasonable care for their own health and safety and that of others who may be affected by their acts or omissions;
- 4.2 Co-operate with the Club on all health and safety issues as and when they arise;
- 4.3 Correctly use all equipment provided by the Club and return and store it appropriately;
- 4.4 Not interfere with or misuse anything provided for health, safety or welfare.

Signed:

Trevor Reid

Iain Greenway

**TREVOR REID
CHAIRPERSON**

**IAIN GREENWAY
TREASURER**

Date: 4 April 2022

Version	Date	Changes
1	February 2016	
2	February 2017	Minor changes to maintain consistency with other policies
3	January 2018	Minor changes to maintain consistency with other policies
4	March 2019	Changes to reflect constitution changes around committee names etc
5	April 2022	Clarification in section 2 regarding the recording of incidents